



## CHEER TEAMS SEASON GUIDE 2023/24

*Junior - Senior Cross Cheer Teams*



**3 CHEER COMPS ATTENDED FOR THE SEASON**  
**1X JUNIOR 2X SENIOR**

**NOVEMBER 2023 UPDATE**

**3 CHEER COMPS ATTENDED FOR THE SEASON**  
**ALL 3 COMPETITIONS INCLUDE 1X SPECTATOR TICKET FOR EVERY COMP FOR EMPOWER CROSS OVERS ONLY**

# WELCOME TO THE CLA FAMILY

Welcome to our CLA Cheerleading program, we are so excited for you to join us for the 2023/24 season. At the Cheer London Allstarz we deliver grass roots development cheerleading alongside tumble classes throughout Lewisham and Bromley. Our classes are inclusive and open to all children in the local community irrespective of ability and background. We have a strong belief every child has the right to engage in team sport and to develop skills for life, improve confidence and increase fitness levels through our much loved sport.

The Cheer London Allstarz was founded over 13 years ago by founder and program director Sophie Bastock. Over the years the CLA Coaching and staffing team has grown from strength to strength meaning our expansion has been accelerated within the past 18 months. We are continuing to add and create more classes and opportunities within our program and the local area alongside nurturing our evolving junior coaching program in which sees naturally gifted young teachers and coaches qualify and receive training to pass on their knowledge to our younger team members.

Our Cheer teams all compete nationally throughout the UK however our emphasis is more on progression and opportunity rather than gunning for a 1st place victory. All of our sessions and classes take place within a positive and nurturing environment with an emphasis on confidence growing, team up skilling and for children to make lasting friendships within their teams.

## FINANCIAL COMMITMENTS FOR THE SEASON

AT THE CHEER LONDON ALLSTARZ WE KEEP COSTS AS LOW AS PHYSICALLY POSSIBLE TO ENSURE OUR DOORS ARE OPEN TO ALL CHILDREN IN THE LOCAL COMMUNITY. IF YOU FIND YOURSELF IN FINANCIAL DIFFICULTY PLEASE CONTACT US DIRECTLY TO ARRANGE A PAYMENT PLAN TO SUIT

**MONTHLY MEMBERSHIP FEES** ✓

**COMPETITION PART PAYMENTS ON DATES SET** ✓

**CLA TRAINING KIT AND APPROPRIATE CLOTHING** ✓

**CLA COMPETITION FULL SLEEVED TOP** ✓



# SEASON GUIDE CONTENTS

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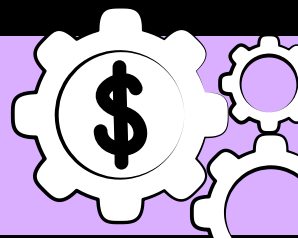


STAY UPDATED VIA OUR  
2023/24 SEASON GROUP

facebook

## CLA Bank details for payments

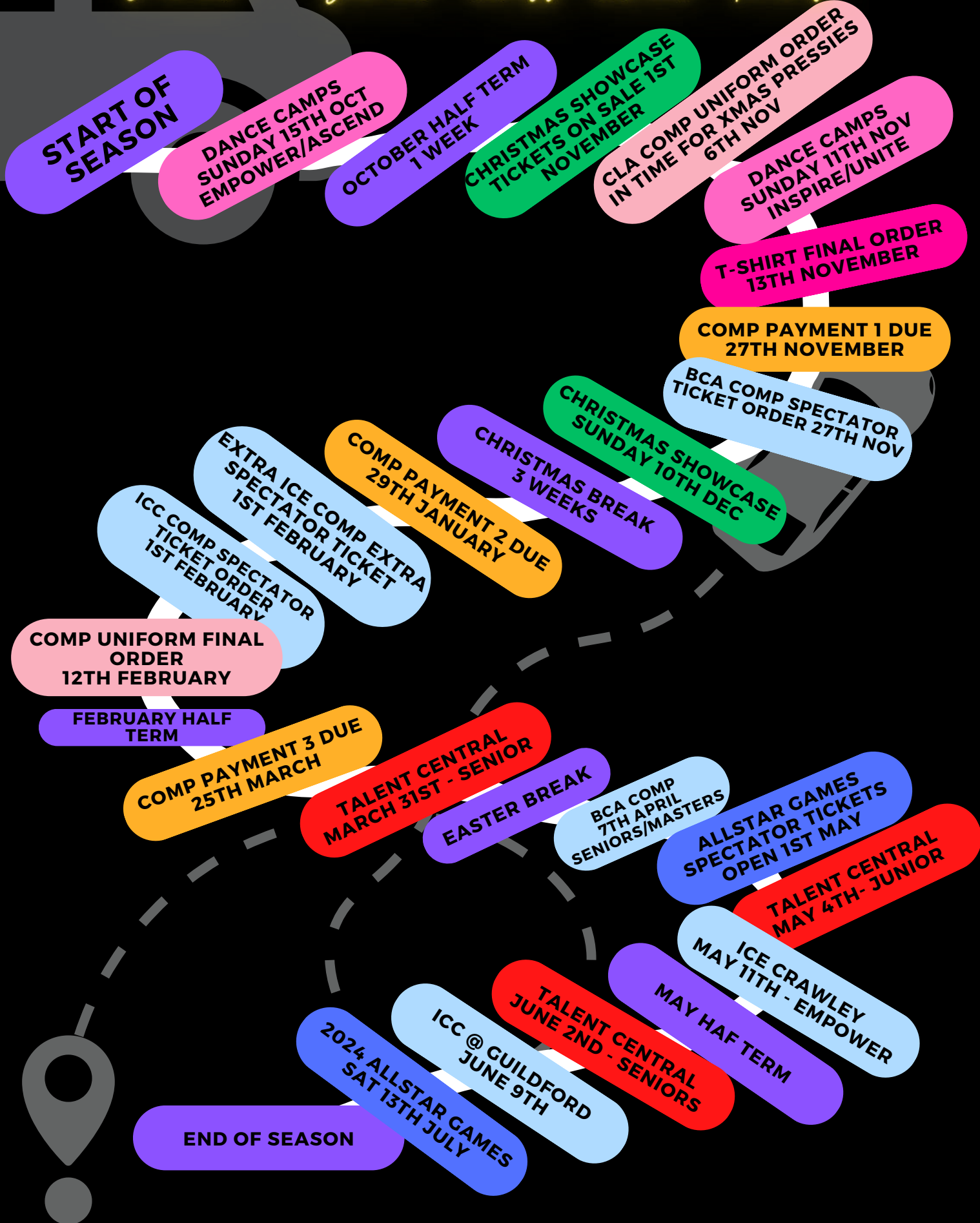
Account Name: Cheer London Allstarz  
Sort Code: 09-01-29 | Account Number: 14690387  
Reference: CLA Followed by your child's name



# SEASON ROAD MAP

1.

*Junior - Senior Cross Cheer Teams*



# TEAM SPORT TERMS AND PLEDGE

## Joining the Cheer London Allstarz you must understand

Cheer is a team sport when your child is absent from lessons/training sessions it massively affects the entire team. Joining us you understand the importance of being present at every session. By joining us you also commit to all shows, competitions and performances which will be outlined and explained within this pack.

### Absence/missing weekly training sessions

The below are classified as authorised absences

- Illness/Sickness
- Family emergency
- School commitments (excluding discos)
- Scheduled holidays



The below are classified as Un-authorized absences

- No shows to training with no notification
  - Birthday parties/play dates/ school discos/ Out with friends
  - Injuries (not severe and walkable)
- (please still attend and sit and watch, children will still learn so much!)



## How to let us know your child will not be at training

- If your child will not be attending you are to post directly in the cheer team group, if it is a private matter please message the Cheer London Allstarz office phone directly 07702010043\*
- You MUST inform the Cheer London Allstarz if your child will not be attending. We have a duty of care for your children and want to ensure all children in our program are kept safe so please let us know.
- We would rather your child still attended and left early if you have a social commitment you cannot miss
- If you have issues with pick up/drop off/ travel please reach out to us to see if we can help in anyway. We are a team and work to support all children and families on our program

**All Cheer teams work towards comps and shows throughout the season. If your child is unable to attend any of the planned events you MUST let the Cheer London Allstarz management know at either A, The beginning of the season or B. Upon joining (if you join mid way through the season)**

**If there is a sudden clash in commitments during the season we need to stress how important it is your child attends the CLA events planned. Without your child the entire team suffers**



## *Red Zones - Please do not miss training*

**RED ZONES- MISSING TRAINING (4 WEEKS PRIOR TO EVENTS/COMPS)  
WE IMPLEMENT RED ZONES DURING THE SEASON REGARDING TRAINING SESSIONS 4  
WEEKS PRIOR TO ANY COMP OR EVENT THESE SESSIONS MUST BE ATTENDED BY A FULL  
TEAM DUE TO CLOSENESS OF EVENT/COMP.**

## *Zero tolerance on no shows*

**NO SHOW AT EVENTS/SHOWS AND COMPS.  
OVER THE PAST 13 YEARS WE HAVEN'T HAD A SINGLE NO SHOW FOR COMPETITIONS AND  
WE REALLY WANT TO KEEP THIS WINNING STREAK. IT REALLY IS DEVASTATING IF A  
CHILD DOES NOT ATTEND ON THE DAY AS THE ENTIRE TEAM WILL STRUGGLE TO  
COMPETE WITH ONE CHILD MISSING. WE REALLY CAN'T STRESS ENOUGH THE  
IMPORTANCE OF BEING PRESENT AND ARRIVING EARLY (LATENESS MAY MEAN THE  
TEAM MISS THEIR SLOT) IF A TEAM MATE DOES NOT SHOW UP TO A PLANNED EVENT  
WITH NO PRIOR WARNING OR COMMUNICATION THEY WILL BE EXCLUDED IMMEDIATELY  
FROM OUR PROGRAM/TEAMS AND CLASSES.**

## *Not ready for commitment? we have an option for you*

**SHADOWING (NON COMMITTAL OPTION)  
LAST SEASON WE INTRODUCED A SHADOWING OPTION FOR CHILDREN WHO WILL NOT BE  
ATTENDING ANY EVENTS/COMPS THROUGHOUT THE SEASON. THE DECISION TO ACCEPT  
A SHADOWING PLACE WILL LIMIT PARTICIPATION WITHIN STUNTING SECTIONS OF THE  
CLASS AND MEAN CLASSES AND TRAINING SESSIONS CAN STILL BE ATTENDED.**

## *We are always on our best behaviour*

**BEHAVIOUR AT EVENTS AND COMPS  
WE EXPECT RESPECTFUL AND POLITE BEHAVIOUR AT ALL EVENTS AND COMPS AND THIS  
APPLIES TO BOTH PARENTS AND MEMBERS. WE HAVE A ZERO TOLERANCE FOR  
RUDENESS TOWARDS CLA STAFF, MEMBERS, OTHER TEAMS, EVENT STAFF ETC AND  
FAILURE TO COMPLY WITH THIS TERM MAY RESULT ONE EXCLUSION FROM OUR  
PROGRAM.**

## *Understanding additional payments*

**ADDITIONAL PAYMENTS FOR COMPS/EVENTS  
ALL MEMBERS MUST PAY COMPETITION FEES BY THE DEADLINES OUTLINED IN THIS PACK.  
OUR COMP FEES ARE CHARGED AT COST AND WITHOUT PAYMENT BEING MADE YOU  
JEOPARDISE THE TEAMS PLACE WITHIN A COMPETITION DUE TO ENTRY DEADLINES SET  
BY THE EVENT PROVIDERS. PLEASE DO NOT LEAVE PAYMENTS TO THE LAST MINUTE WE  
HAVE A MONTHLY PAYMENT OPTION WHICH BRINGS PAYMENT RIGHT DOWN, YOU CAN  
ALSO PAY AS AND WHEN AS THE RECEPTION DESK AT YOUR CLASSES FOR AS LITTLE OR  
AS MUCH AS YOU WOULD LIKE TO PAY. WE CAN OFFER A DISCOUNTED RATE ON CASH  
PAYMENTS MADE. YOU HAVE A LARGE AMOUNT OF TIME TO GET THESE PAID SO PLEASE  
DON'T IGNORE UNTIL THE LAST MINUTE.**



# TRAINING/CLASS UNIFORM

*What to wear for training*

**EXAMPLES**



£3.99 @ Decathlon

£18.99 Nike Pros @ Sports Direct



## BUDGET/ ACCEPTABLE SPORTS TRAINER

£18.99 Amazon



£27 Nike.com



£17 M&S



£17.99 @ Decathlon

Nfinity - premium cheer shoe



## 1. CLA NEW SEASON TEES

TO ORDER ONLINE: [WWW.CHEERLONDONALLSTARZ.COM/UNIFORM](http://WWW.CHEERLONDONALLSTARZ.COM/UNIFORM)

## 2. BLACK SHORTS

RECOMMENDED: NIKE PROS-SPORTS DIRECT-DECATHLON-PRIMARK-SPORTS SHORT

## 3. WHITE INDOOR ONLY TRAINERS (CHEER ONLY)

RECOMMENDED: SPORTS DIRECT- M&S - PRIMARK- AMAZON- ONLINE FOR CHEER SHOES

## 4. WINGS BOW (CHEER ONLY)

£7.50 CASH AT YOUR TRAINING SESSION CHECK IN DESK

**SCAN TO ORDER HERE**



# CLA MERCH 2023/24 SEASON



CLA Personalised Gymsac  
£11.99



CLA Leather-Look PU Backpack  
£29.99



CLA Fashion Backpack  
£17.99



CLA Personalised Key Clip  
£4.99



CLA Hoodie Blanket (Adult)  
£29.99



CLA Hoodie Blanket (Youth)  
£25.00



CLA Zoodie (Adult)  
£25.00



CLA Zoodie (Youth)  
£22.99



CLA Cropped Zoodie (Adult)  
£28.00



CLA 'Together We Rise' Onesie  
(Adult)  
£35.00



CLA 'Together We Rise' Onesie  
£28.00



CLA 'Together We Rise' Sports  
Crop Top  
£16.00



Personalised CLA 'Cheer Mum'  
Tee  
£17.50



Personalised CLA 'Cheer Dad'  
Tee  
£17.50

Order here

SCAN  
ME! >>





# FULL COMPETITION UNIFORM

*Junior & Senior Cheer Teams*



GEMMING BY THE AWESOME FASHTAGS C LOTHING

WORN EVERY SEASON - YOU ONLY NEED TO BUY ONCE!

ORDER BY PAYING CLA ACCOUNT (USE REF: UNIFORM.. FOLLOWED BY YOUR CHILDS NAME)

FINAL ORDER DATE 12TH FEBRUARY 2024  
JUNIOR & SENIOR UNIFORM | AKUMA | UK  
**FULL UNIFORM: £87**

INCLUDES ALL GEMMING AND TWO PIECE UNIFORM

TEAMS  
CLA EMPOWER, CLA ASCEND, CLA INSPIRE, CLA UNITE



Rated 0% for VAT due to being childs clothing (Size 12 + will be subject to additional VAT @ 20%)

**BOWS £7.50 CASH ONLY AT YOUR CLASS**



2023/24 PRICE LIST

MONTHLY MEMBERSHIP & CLASS FEES

6.



ClassForKids

CHEER LONDON ALLSTARZ MONTHLY MEMBERSHIP SEPTEMBER 2023-AUGUST 2024  
 MONTHLY PRICES INCLUSIVE OF 20% VAT + 5% CLASSFORKIDS FEE + 20P STRIPE FEE  
 VAT NUMBER: 425680490

5% SIBLING DISCOUNT FOR 2+ MEMBERS ADDED TO PACAKAGE BY CLA

1 CHEER TEAM MEMBER £40.52

1.5 HOUR TRAINING SESSION PER WEEK  
 \*HOPE\*FAITH\*BELIEVE\*DIDDYOYNAMITES\*IGNITE\*ILLUMINATE\*BLISS\*BLAZE\*EMPOWER\*ASCEND\*INSPIRE\*TORNADOES\*UNITE\*

1 LITTLE SPARKS TRAINING £31.07

1 HOUR TRAINING SESSION \*LITTLE SPARKS ONLY

1 POM DANCE TEAM £31.08

TINY TUMBLING £27.92

MINI TUMBLING £27.92

MINI IMP+ TUMBLING £29.82

YOUTH TUMBLE @ PHF £34.85

YOUTH TUMBLE @ DHLC £29.81

YOUTH ADV+ @ WESLEY £29.81

SENIOR TUM @ WESLEY £29.81

1 CHEER + 1 TUMBLE £61.31

2X CHEER TEAMS £63.20

1 CHEER + 1 POM £55.65

1 POM + 1 TUMBLE £55.64

LITTLE SPARKS CHEER + TUMBLE £51.86

3 CLASS COMBO | CHEER/POM/TUMBLE £78.95

3 CLASS COMBO | CHEERX2 +/TUMBLE £78.95

EMPOWER CHEER & TUMBLE £52.97

UNLIMITED CLA MEMBERSHIP (4+ CLASSES) £94.70



SCAN ME! >>>





# Junior & Senior Cheer Teams

## SEASON HIGHLIGHTS

See dates on next page



### TEAM DANCE CAMPS

Learning their teams dance section for the season  
Compulsory for all CLA<sup>R</sup> Cheer team members

*Practice*



### CLA CHRISTMAS SHOWCASE

Our first show of the season! Taking place at  
Prendergast School on Sunday 10th December 2023.

*Performance*



### TALENT CENTRAL REHEARSAL

Join us in East London when we hire out a full  
Cheer sprung floor venue in preparation  
for our competition.

*Practice*

*Competitions*



### ALLSTAR GAMES 2024

@ THE BROADWAY THEATRE

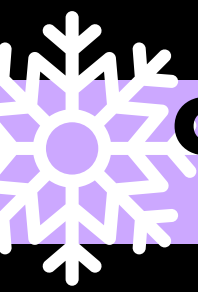
The Cheer London Allstarz are bringing all of the  
bright lights, high energy and performance for  
our annual in-house super show!



**BROADWAY**

*Show & Competition*





# CLA CHRISTMAS SHOWCASE

*Fundraiser*

8.

6.

## SUNDAY 10TH DECEMBER 2023

*@ Prendergast School*

Every Christmas we hold our annual CLA Christmas Fundraiser. The event is free for our teams to participate and 100% of tickets sold and money raised is split between our PBL Prendergast Cheer programs fundraising and our CLA Community Spirit fund (scholarship places for struggling families, Junior Coach education, community outreach on our schools programs and much more). Due to our recent growth we will be holding 2 shows and teams will perform once at their set show time (excluding Unite and PBL Passion who will perform twice as part of our Elite Program)

At our Christmas Showcase all season Captain selection and awards will be given. Please see full details below alongside arrival & collection times and where to purchase your tickets!



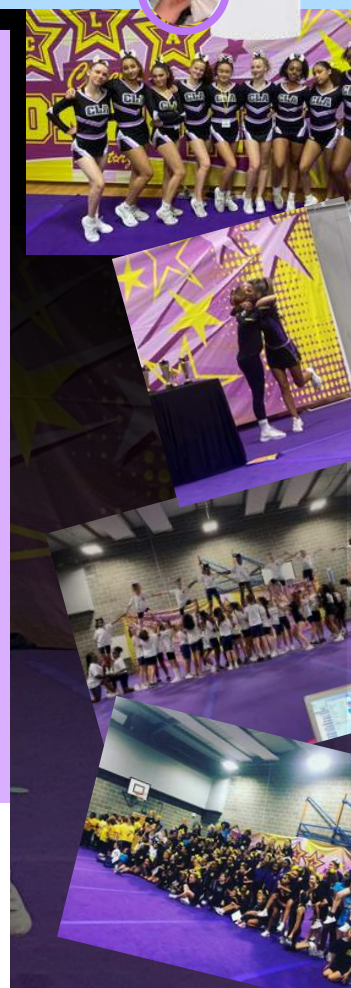
12PM  
SHOW  
BUY  
HERE



5PM  
SHOW  
BUY  
HERE

# TICKETS AVAILABLE NOW!

**SHOW UNIFORM: 2023/24 CLA WHITE T-SHIRTS + BOW**  
LAST ORDER DATE 13TH NOVEMBER (TO BE DELIVERED IN TIME)



### SHOW 1 12PM SHOWTIME

- HOPE
- FAITH
- BELIEVE
- BLISS
- BLAZE
- EMPOWER
- UNITE
- TORNADOES
- PBL PASSION
- TROUBLE MAKERS
- RENEGEDES
- BRIGHT STARZ

#### ARRIVAL TIMES

- 9.30AM TEAMS ARRIVE (EXCLU HOPE + FAITH)
- 10.45AM HOPE/FAITH/BRIGHT STARZ ARRIVE
- 11.45AM DOORS OPEN
- 12PM SHOW TIME
- 1.30PM LATEST FINISH TIME

### SHOW 2 5PM SHOWTIME

- LITTLE SPARKS
- DIDDY DYNAMITES
- IGNITE
- ILLUMINATE
- ASCEND
- INSPIRE
- PBL PRODIGY
- PBL POWER
- PBL PASSION
- UNITE
- HARRIS

#### ARRIVAL TIMES

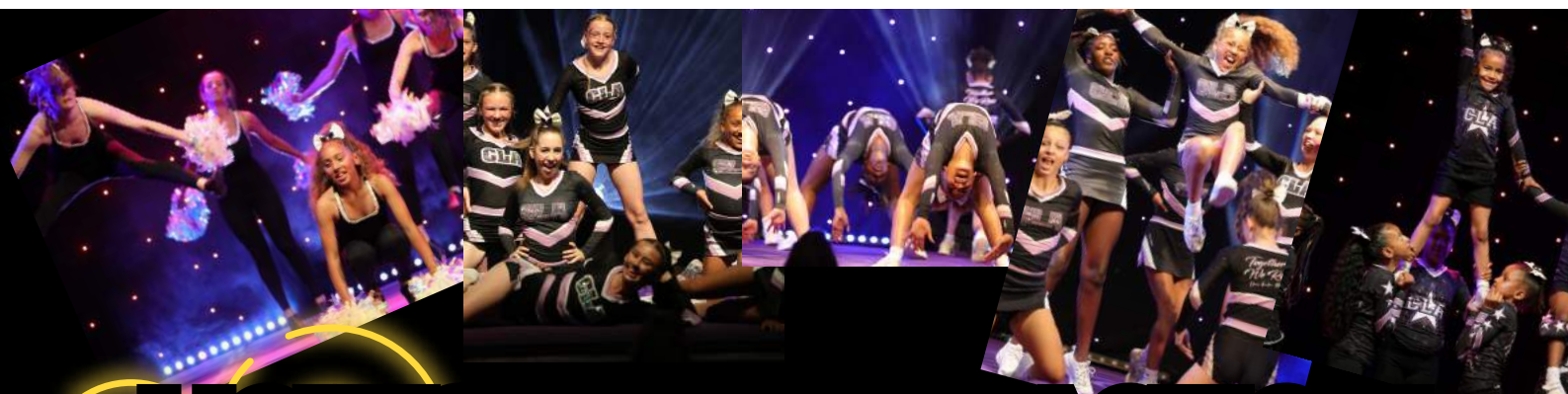
- 2.30PM TEAMS ARRIVE (EXCLU HOPE + FAITH)
- 4PM LITTLE SPARKS & DIDDY ARRIVE
- 4.45PM DOORS OPEN
- 5PM SHOW TIME
- 6.30PM LATEST FINISH TIME

# CLA ALLSTAR GAMES

SATURDAY 13TH JULY 2023

@ *The Broadway theatre*

# BROADWAY



## LIGHTS, CAMERA, ACTION!

CATCH ALL OF OUR CLA TEAMS TAKE TO THE STAGE IN THIS ICONIC THEATRE AS THEY SEE OUT THE SEASON IN TRUE CLA STYLE!

### 7PM SHOWTIME

TEAMS ARRIVAL APPROX 4PM

### AUDIENCE TICKETS RELEASED MAY 1ST 2024



Junior - Senior Cross Cheer Teams

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# SEASON COMPETITIONS



 @bcacheeranddance

**SUNDAY 7TH APRIL 2024**

@ K2, Crawley  
Time slot tbc

  
K2 Arena  
Pease Pottage  
Crawley  
RH11 9BQ



 @incrediblycoolevents

**SATURDAY 11TH MAY 2023**

@ K2, Crawley  
Session 2 (P.M)

  
K2 Arena  
Pease Pottage  
Crawley  
RH11 9BQ



 @wcc-icc

**SUNDAY 9TH JUNE 2024**

@ Guildford Spectrum  
Time slot tbc

  
Guildford Spectrum  
Parkway  
Guildford  
GU1 1UP

**ALL 3 COMPTITIONS INCLUDE 1X ADULT SPECTATOR TICKET PER TEAM MATE FOR EMPOWER CROSS OVERS ONLY**





# FULL CHEER FLOOR TRAINING SESSIONS

@ Talent Central, East London

Every season before comps we hire the full sprung cheer floor facility in Beckton, East London (Gallions Reach Retail Park)

Having a training session in this space ensures we are comp ready with spacing and likeliness of the competition cheer floor, this session is compulsory for all teams.

All team mates are to make their own way to and from Talent Central.

## SENIOR TEAMS

### SUNDAY

31st March 4-7pm

Full Cheer Floor Practice

£10 payable upon arrival cash only



### Saturday

4th May 1-4pm

Full Cheer Floor Practice

£10 payable upon arrival cash only

**EMPOWER**

### SUNDAY

2nd June 10-1pm

Full Cheer Floor Practice

£10 payable upon arrival cash only

**SENIOR TEAMS**





# Competition Package Fees

## EMPOWER TO SENIOR 2 TEAM CROSS OVER

CASH PAYING DISCOUNT WILL BE APPLIED UPON PAYMENT AT CLASS REGISTRATION DESK

Bank details can be found on our contents page

### 2 TEAM JUNIOR TO SENIOR PACKAGE BLUE PACKAGE (2 TEAM CROSS OVER)

#### WHAT IS INCLUDED?

EVENT ENTRY & COMPETITOR ENTRY - ICE BLAST: £27.50 + BCA £38 + ICC £34 (SET BY EVENT PROVIDER)  
1X ICE ADULT SPEC TICKET £18 1X BCA ADULT SPEC TICKET £25 1X ICC ADULT SPEC TICKET 12  
ALLSTAR GAMES COMPETITOR SHOW & REHEARSAL FEE 13/07/24: £12.50  
TEAM MUSIC COSTS (\$159 PER TEAM MIX), TEAM FEES, CHAPERONE & STAFF CONTRIBUTION: £8

£175

TOTAL: £210(INC 20% VAT)

#### PAY IN 3 INSTALLMENTS

PAYMENT 1: £70 DUE BY 27/11/23 | PAYMENT 2 £70 DUE BY 29/01/24 | PAYMENT 3 £70 DUE BY 25/03/24

#### OR 6 MONTHLY STANDING ORDER ON THE 11TH OF EACH MONTH

NOV £35 | DEC £35 | JAN £35 | FEB £35 | MARCH £35 | APRIL £35

13

Additional Spectator tickets to buy

**SHOW: CLA CHRISTMAS SHOWCASE**

TICKETS RELEASED ON 1ST NOVEMBER 2023

*Limited Tickets Available*

Eventbrite

**COMP: BCA @ K2 CRAWLEY**

1X ADULT TICKET IS INCLUDED IN SEASON COMP FEE  
ANY ADDITIONAL TICKETS NEED TO BE PURCHASED BEFORE 27TH NOVEMBER 2024  
\*CASH AT YOUR TRAINING SESSION\* £25 ADULT + £15 CHILD

*Tickets will sell out and will not be available on the door*

**COMP: ICE @ K2 CRAWLEY**

1X ADULT TICKET IS INCLUDED IN SEASON COMP FEE  
ANY ADDITIONAL TICKETS NEED TO BE PURCHASED BEFORE 1ST FEBRUARY 2024  
\*CASH AT YOUR TRAINING SESSION\* £18 PER SESSION

*Tickets will sell out and will not be available on the door*

**COMP: ICC @ GUILDFORD SPECTRUM**

1X ADULT TICKET IS INCLUDED IN SEASON COMP FEE  
ANY ADDITIONAL TICKETS NEED TO BE PURCHASED BEFORE 1ST FEBRUARY 2024  
\*CASH AT YOUR TRAINING SESSION\* £12 ADULT £10 CHILD

*Tickets will sell out and will not be available on the door*

**SHOW: ALLSTAR GAMES @ THE BROADWAY THEATRE**

TICKET LINK RELEASED 1ST MAY 2024 VIA BROADWAY THEATRE BOX OFFICE.  
TICKET LINK WILL BE IN YOUR TEAM WHATS APP GROUPS  
1ST MAY BOX OFFICE OPENS

**Bank details can be found on our contents page**



# Dates for the Diary

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Month	Date	Event/Camp/Training/Comp/Show	Teams attending	Address	Payment
October	14th	<b>Dance Camp - @ Wesley Halls</b> 2-3.30pm Hope & Little Sparks 3.30-5pm Faith & Diddy 5-6.30pm Illuminate & Ignite 6.30-8pm Bliss & Blaze	Hope, Little Sparks, Faith, Diddy Dynamites, Illuminate, Ignite, Bliss & Blaze	The Sports Hall @ Wesley Halls, Shroffold Road, Downham, BR1 5PE	£8 (1.5 hour session) £10 (2hour session) Cash upon arrival
October	15th	<b>Dance Camp - @ Wesley Halls</b> 4.30-6.30pm Ascend 4.30-6pm Believe 6.30-8.30pm Empower 6.30-8.30pm Tornadoes	Ascend, Believe, Empower, Tornadoes.	The Sports Hall @ Wesley Halls, Shroffold Road, Downham, BR1 5PE	£8 (1.5 hour session) £10 (2hour session) Cash upon arrival
November	11th	<b>Dance Camp - @ Wesley Halls</b> 2-4pm Inspire 4-6pm Unite	Inspire + Unite	The Sports Hall @ Wesley Halls, Shroffold Road, Downham, BR1 5PE	£10 Cash upon arrival
December	10th	<b>CLA Christmas Showcase</b> All day event - Times TBC	All teams	The Sports Hall @ Prendergast School, Ivy Road, SE4 1YS	Included in season comp fees.
January	19th/20th tbc	<b>Awards, Fun &amp; Fundraiser night</b> Charity fundraiser for Cervical Cancer	All teams, friends and family	Venue TBC	Tickets will be available to buy.
March	31st	<b>Talent Central</b> Full Sprung floor 4-7pm   Seniors/ Masters	Ascend, Inspire, Unite, Tornadoes	Talent Central Gym, Gallions Reach retail park, East London, E6 7ER	£10 Cash upon arrival
April	7th	<b>COMP: BCA @ Crawley</b> Seniors/ Masters	Ascend, Inspire, Unite, Tornadoes	K2 Arena, Pease Pottage, Crawley. (Next to Gatwick Airport)	Included in season comp fees.
May	4th	<b>Talent Central</b> Full Sprung floor 1-4pm Tiny/Mini/Youth & Junior Teams	Hope, Little Sparks, Faith, Diddy Dynamites, Believe, Illuminate, Ignite, Bliss, Blaze & Empower	Talent Central Gym, Gallions Reach retail park, East London, E6 7ER	£10 Cash upon arrival
May	5th	<b>COMP: FC Schools Out</b> Selected Schools Cheer Teams only	Schools teams (Harris, PBL, JAGS)	Mk Arena, Milton Keynes	Not applicable
May	11th	<b>COMP : ICE @ Crawley</b> Tiny/Mini/Youth & Junior Teams	Hope, Little Sparks, Faith, Diddy Dynamites, Believe, Illuminate, Ignite, Bliss, Blaze & Empower	K2 Arena, Pease Pottage, Crawley. (Next to Gatwick Airport)	Included in season comp fees.
June	2nd	<b>Talent Central</b> Full Sprung floor 10am -1pm Seniors & Masters + Barcelona team	Ascend, Inspire, Unite, Tornadoes + Barcelona team.	Talent Central Gym, Gallions Reach retail park, East London, E6 7ER	£10 Cash upon arrival
June	9th	<b>COMP ICC @ Guildford Spectrum</b> Seniors only	Ascend, Inspire, Unite.	Guildford Spectrum, Guildford, GU1 1UP	Included in season comp fees.
June	15th	<b>COMPETITION: FC Barcelona</b> Masters only & aged 18+ athletes invited	Masters (Barcelona team) + Stunt Team (18s plus) 14th-16th June .	BARCELONAAAAAAA, Spain!	Included in season comp fees.
July	13th	<b>SHOW: 2024 Allstar Games</b>	All Teams	Broadway Theatre Catford	Included in season comp fees.

## PAYMENT DEADLINES FOR THE SEASON

CLA Uniform top (in time for Christmas pressie!) 6th November  
 CLA Season t-shirts - Monday 13th November 2023  
 Competition payment 1 by - 27th November 2023  
 Additional spectator tickets BCA 27th November  
 Competition payment 2 by - 29th January 2024  
 ICE spectator extra ticket order in + payment 1st Feb  
 ICC spectator extra ticket order in + payment 1st Feb  
 Uniform final order - 12th February 2024  
 Competition payment 3 by- 25th March 2024

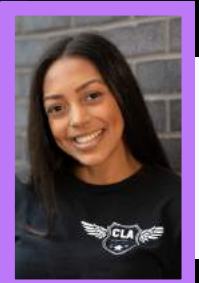
## CONTACTS



Sophie Bastock - Founder & Director

### CLA OFFICE + MAIN CONTACT

☎ 07702010043 ✉ info@cheerlondonallstarz.com



Lilybelle Dellow - Academy manager & Onboarding lead

### CLA OFFICE SECONDARY CONTACT

☎ 07738833257 ✉ coachlilybelle@cheerlondonallstarz.com



Stacey Murphey - Accounts and Admin Manager

### MEMBERSHIPS & PAYMENTS

☎ 07850685897 ✉ accounts@cheerlondonallstarz.com